



YOUNG STROKE GROUP PRESENTATION

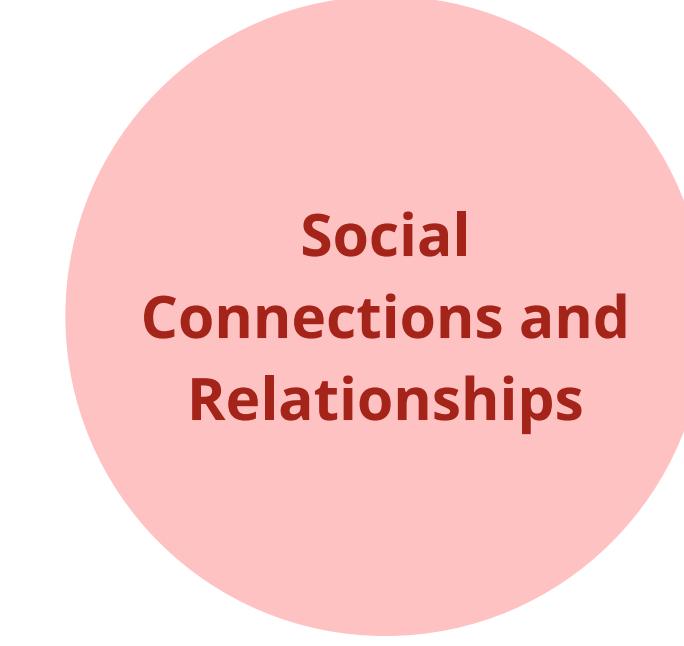
2026 Stroke New Year's Resolutions

Result: To engage speakers that will assist in improved integration back into each person's community

Presented by Sue Emery for



YSG Categories



Meetings Already Scheduled During 2026

- Headache
- Neuropsychology
- Medical conditions and medications
- Stroke recurrence and research
- Depression
- Stress and anxiety
- Music therapy
- Mental Health First Aid
- Rehabilitation psychology
- Being back at work (Yo)
- Adaptive sports
- Sensory and skin issues
- New partnerships with rehab companies to bring in funds



Group Needs

What New Year's resolutions related to stroke do you have, and how can Circle of Rights help support them?

What topics would you like to see covered in 2026?



Stroke New Year's Resolutions

- Rehab based on symptoms
- Gaining abilities back
- When is it stroke-related?
- How to manage your full care?
- Don't feel like you anymore?
- Vision
- Local transportation
- Volunteers
- Gizmos
- When does indecision or inaction make sense?

